

OFFICIAL MATCH PROGRAM

20
19



V



ROUND 7

QUEENSLAND FIREBIRDS v NSW SWIFTS
QUEENSLAND STATE NETBALL CENTRE



FIREBIRDSQLD



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FIREBIRDSQLD

#WINGSOFFIRE

#IAMFIREBIRD

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COACH'S



COACH'S CORNER

MATCH PREVIEW WITH

Roselee Jencke

LAST WEEK WAS A GREAT GAME. WHAT DID YOU THINK OF THE GIRLS' PERFORMANCE?

We've definitely made some improvements and the girls really looked after the ball against the Fever which was very pleasing. It was a really great performance and we did really well at keeping possession of the ball and leveraging that throughout the court. We converted the turnovers we won into goals really well and threw away fewer balls than the previous games this season. Our structure, timing and leads were a lot better, and our connection throughout the court, from the defence to the attack, has really improved. It was a really great effort and to get that result after such a difficult week was really pleasing.

WHAT HAVE YOU BEEN FOCUSING ON IN TRAINING THIS WEEK?

As always, this week we've really been focusing on our own game. Obviously Abi and Gretel haven't played together much so we're really focusing on their variety and their timing, and using the ball really well in the attack end. We're really looking for the opportunities to achieve some turnover ball and make it difficult for the Swifts. We really have to look after the ball this week. The Swifts don't make mistakes when they have ball in hand, in fact they didn't have any bad passes last week. Most of the time, their success comes through the opposition's errors and then they're able to turnover ball that

way instead of just clean intercept. We know that if we look after the ball and use it well then that's an opportunity for us to hopefully put some pressure on the Swifts.

HOW IS THE TEAM FEELING AHEAD OF THE SWIFTS GAME?

I think week to week what has been really pleasing is how the girls are working together and being positive influencers on each other. It's a really good vibe amongst the girls in the team at the moment, regardless of what the eventual scores are. Our environment is really positive and we just want to ensure we continue looking for those little wins throughout the games. We know a win isn't that far away and we're on the right track, it's just a matter of persevering and being persistent with what we're doing throughout the four quarters.

We're really looking forward to playing the Swifts on Sunday. They're top of the table and we're bottom of the table but we know that when we play really good netball we can complete against any of the teams. We're excited to be able to play at home again this weekend and be back in front of the purple crowd. What was great last week was the support from the fans, and we really do treasure that and feed off it. The crowd's noise and support is immense and we're really grateful for it so we hope they come out again this weekend.

Roselee Jencke

CORNER



9 NEWS

NIGHTLY 6.00



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TEAM LINE-UP



#IAMFIREBIRD



ERIN BURGER
POSITION: C, WA, WD
HEIGHT: 176CM
DOB: 10/02/87



LAURA CLEMESHA
POSITION: GK, GD
HEIGHT: 190CM
DOB: 21/01/92



TARA HINCHLIFFE
POSITION: GD, GK
HEIGHT: 185CM
DOB: 25/05/98



KIM JENNER
POSITION: GD, GK
HEIGHT: 184CM
DOB: 27/02/98



ABIGAIL LATU-MEAFOU
POSITION: GS
HEIGHT: 182CM
DOB: 05/07/97



KATE EDDY
POSITION: GD, GK, WD
HEIGHT: 182CM
DOB: 28/12/96



SOPHIE GARBIN
POSITION: GS, GA
HEIGHT: 184CM
DOB: 06/04/97



PAIGE HADLEY
POSITION: C, WA, WD
HEIGHT: 173CM
DOB: 26/08/92



NATALIE HAYTHORNTHWAITE
POSITION: WA
HEIGHT: 183CM
DOB: 09/12/92



HELEN HOUSBY
POSITION: GA, GS
HEIGHT: 183CM
DOB: 19/01/95



JEMMA MI MI
POSITION: C, WD, WA
W: 176CM
DOB: 04/03/96



CAITLYN NEVINS
POSITION: WA, C
HEIGHT: 173CM
DOB: 01/06/87



LENIZE POTGIETER
POSITION: GS
HEIGHT: 187CM
DOB: 02/05/94



GABI SIMPSON (C)
POSITION: WD
HEIGHT: 176CM
DOB: 17/10/92



GRETEL TIPPETT
POSITION: GA
HEIGHT: 192CM
DOB: 03/07/93



SARAH KLAU
POSITION: GK, GD
HEIGHT: 190CM
DOB: 30/09/94



LAUREN MOORE
POSITION: GK, GD
HEIGHT: 184CM
DOB: 30/01/98



MADDY PROUD
POSITION: C, WA
HEIGHT: 174CM
DOB: 04/12/93



MADDY TURNER
POSITION: GD, WD
HEIGHT: 183CM
DOB: 17/12/95



SAM WALLACE
POSITION: GS, GA
HEIGHT: 193CM
DOB: 16/01/94



ROSELEE JENCKE
HEAD COACH



JENNY BRAZEL
ASSISTANT COACH



NANNETTE RIGONI
TEAM MANAGER



BRIONY AKLE
HEAD COACH



ANITA KEELAN
ASSISTANT COACH

TEAM LINE-UP

HEAD 2 HEAD

GRETEL TIPPETT

GA

DATE OF BIRTH 03/07/1993
 HEIGHT 192CM
 NATIONAL LEAGUE CAPS 69
 INTERNATIONAL CAPS 26

2019 SEASON STATS

GOALS 192
 GOAL ATTEMPTS 196
 OFFENSIVE REBOUNDS 5
 NISSAN NET POINTS 382.5



@GTIPPETT

Follow



HELEN HOUSBY

GS
GA

DATE OF BIRTH 19/01/1995
 HEIGHT 183CM
 NATIONAL LEAGUE CAPS 30
 INTERNATIONAL CAPS (ENGLAND) 58

2019 SEASON STATS

GOALS 112
 GOAL ATTEMPTS 135
 OFFENSIVE REBOUNDS 7
 NISSAN NET POINTS 507



@HELENHOUSBY1

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SUPER NETBALL SNAPSHOT

Ladies Night at the QSNL did not disappoint last Saturday, with the Lorna Jane Firebirds and West Coast Fever playing a nail-biting game resulting in a 62-62 draw. The fans were kept on the edge of their seats as the teams remained within points of one another for the entire game. Firebird Abigail Latu-Meafoou secured the team's second draw of the season, scoring the final critical goal in the last 5 seconds of the game.

Melbourne Vixens and Sunshine Coast Lightning battled it out at the top half ladder with the Vixens securing the 62 to 52 win and taking second place on the leader board. Despite the disappointing loss, the Lightning defending duo Karla Pretorius and Phumza Maweni maintained strong and physical play throughout the game while Captain Laura Langmana also gave the Vixens a run for their money as she stepped on court for her 200th national league match. The

Vixens were too good to beat however, claiming their fourth win of the Suncorp Super Netball 2019 season.

The NSW Swifts remain the team to beat as they dominated against Collingwood Magpies in a 68 to 52. The Magpies put up a tough fight but failed to match the performance of the Swifts who comfortably took home the 16 goal lead and all 8 premiership points.

The GIANTS Netball also put on a show as Adelaide Thunderbirds failed to slow them down, securing a 65 to 54 goals win. GIANTS' shooter Jo Harten was able to secure her 1,000th Suncorp Super Netball goal early in the game to lead the GIANTS to victory.

The T-Birds failed to keep up with the intense pace of the game this round, resulting in the GIANTS securing all eight bonus points on offer.



	P	W	D	L	GF	GA	%	PTS	BONUS	TOTAL
NSW SWIFTS	6	5	0	1	389	326	119.33	20	+20	40
MELBOURNE VIXENS	6	4	1	1	367	323	113.62	18	+15	33
SUNSHINE COAST LIGHTNING	6	4	0	2	377	348	108.33	16	+13	29
GIANTS NETBALL	6	3	0	3	354	361	98.06	12	+13	25
MAGPIES NETBALL	6	2	1	3	342	336	101.79	10	+11	21
WEST COAST FEVER	6	1	2	3	369	407	90.66	8	+6	14
ADELAIDE THUNDERBIRDS	6	2	0	4	301	360	83.61	8	+5	13
QUEENSLAND FIREBIRDS	6	0	2	4	348	386	90.16	4	+7	11

FINALS



NISSAN AND THE QUEENSLAND FIREBIRDS CHANGING THE GAME

In netball it takes skill, technique and intelligence to level up. A series of endless, precise adjustments that fuel a constant evolution in search of perfection. At Nissan, we understand what it takes to change the game, that's why we're proud of our partnership with netball.

FIND OUT MORE AT SUPERNETBALL.COM.AU/NET-POINTS



Gretel Tippett



TOP 5

ARTIST / PLAYLIST



ONE

NO NEW FRIENDS
SIA

TWO

HERE WITH ME
MARSHMELLO
CHVRCHES

THREE

I DON'T BELONG
IN THIS CLUB
WHY DON'T WE

FOUR

WHO DO YOU LOVE
CHAINSMOKERS

FIVE

EARTH
LIL DICKY

ON THE ROAD

Sunshine Coast
@AMYSOMMERVILLE1
Lennox Head

Queenstown
Gabi Simpson

LAST HOLIDAY DESTINATION: *Queenstown*

FAVOURITE DAY TRIP: *Bushwalk at the Sunshine Coast*

DREAM HOLIDAY: *Canada*

FAVOURITE BEACH: *Makaraska, Croatia*

NEXT HOLIDAY: *Philippines*

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@MADDIE_HINCHLIFFE

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Double Island Point
@CAITLYN_NEVINS

Lelepa Island
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Byron Bay
@AIKEN_ROMELDA

Fiji
@TARAHINCHLIFFE_

Mooloolaba Beach

Stradbroke Island

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WE ALL FLY HIGHER ON

Wings of Fire



The Queensland Firebirds have been Queensland's team **SINCE 1997.**

We are club first. We are **MORE THAN THE SEVEN PLAYERS ON COURT.**

At our **HEART** is grassroots and Saturday mornings, *all the way from Tweed Heads to the Torres Strait.*

Our Firebirds are *more than just netballers*, they're **ROLE MODELS.**

They are also human beings with **HOPES, DREAMS & ASPIRATIONS** *just like you.*

"Fire" embodies the spirit of Queensland – it symbolises **PASSION, CONFIDENCE & DESIRE.**

Fuelling an inferno from the tiniest spark. The ability to muck in and stick by your team mates.

Every game we **BRING FIRE** and at every final buzzer comes new growth.

Our "Wings" symbolise **FREEDOM** and the ability to **RISE**; *be it above others in competition or more importantly, above oneself.*

No matter who you are – *from Firebird to junior netballer* – this is our war cry.

WE ALL FLY HIGHER ON WINGS OF FIRE.

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A MESSAGE TO OUR PURPLE FAMILY THE FIREBIRDS FAITHFUL

I must have uttered the word "no" a hundred times. I had no other words.

The pain on Harl's face as she clung to her knee cut me to the core. The twinge in my own knee a reminder that I know that pain. The gut-wrenching feeling of a snapped ACL. And it's not your knee that hurts so much as the heartbreak of knowing your season is over before you even get the scan. I know it was an agony felt by all of you, and any parent or coach who has shared such a moment with a loved one. It is crushing.

Tippah sustaining a season-ending foot injury was bad enough, then Kim with a fractured finger, Romelda with a tibia stress fracture and now Mahalia out for the season with a second ACL rupture.

Sport is the agony and the ecstasy. You cannot know one without the other. To value glory you must have felt the pain of defeat. We love sport because it is to dare greatly, to sacrifice, to risk our bodies and roll the dice on an uncertain outcome. The thrill is the contest. And in a high-performance team culture like the Firebirds, losing hurts but seeing one of your team-mates go down with a season-ending injury for a second time, hurts more.

Our team (yours and mine), are sisters and care deeply about one another. So, with four of our players taken out with injury, they are hurting. And that's before we even contend with our ladder position. This is a very foreign space for the Queensland Firebirds. One of the most successful teams in the history of professional netball and women's professional sport in this country. We still hold the title for the most consecutive wins in the national league with 21 and were the first team to go back to back as Champions in 2015 and 2016 after winning the Premiership title in 2011.

As fans we have been incredibly spoilt with this record, so for both team and tribe, we are not familiar with being winless. And we don't ever plan on becoming so.

One thing is certain. Our girls are hurting. Blow after blow of injuries has pushed us to our knees. It puts in

perspective how lucky we have been over the last 8 or so years. Season 2019 is a story of constant adaptation, and unexpected twists, things being thrown to us at every turn. The passion and microscope of sport tends to magnify everything, however in reality that's life. Life has a funny way of getting in the road of best laid plans.

Most of us have had them; days, weeks or years where everything seems to go wrong. Sometimes life isn't fair. As a parent I'm trying to teach my young two and five-year-old sons this from an early age. It is my responsibility that they learn how to cope and overcome disappointment or failures, so that they will thrive no matter what life throws at them. They cannot learn resilience if they haven't had to overcome adversity. This is one of the greatest ways in which sport prepares us for life, especially our young people. Through sport we learn how to be part of a team, how to win, how to lose, to be a leader, and what it takes to be resilient. To get knocked down but get up again. And again, and again, sometimes. And this is exactly what our Firebirds must do.

"THE ULTIMATE MEASURE OF A MAN IS NOT WHERE HE STANDS IN MOMENTS OF COMFORT AND CONVENIENCE BUT WHERE HE STANDS IN MOMENTS OF CHALLENGE AND CONTROVERSY".

— MARTIN LUTHER KING JR.

I think this goes for all of us, whether its about family, our personal lives, sporting pursuits, or at work. It's easy to have friends, or fans, when you are successful. We all love success and it's magnetic. But as Martin Luther King alluded to, hard times reveal things that success can mask.

Given our season to date, some people have asked me about

the fickleness of Queenslanders in terms of only showing up when their teams are winning. They ask if I'm worried that you, our fans, will desert us. It is a fair question which all teams will face at some point in their journey. But here's the thing.

It's the hard times which reveal who is truly in our tribe. And here lies the deep benefits of sport to society. Sport is an exceptional builder of community. We experience and learn what it is to be loyal, faithful, to belong and stick together through good times and bad times. Many clubs and teams, in all countries and cultures, have large, passionate fan bases and they haven't won a title in decades. For some NFL fans I met recently in the USA, their team has never won a title in their lifetime. But the value of their belonging transcends a trophy. It is about family, hope, pride in their communities, the pride in seeing local athletes who they watched as kids making it to the big time. It is the inspiration and the intoxicating power of the contest which excites and enthral.

So, my reaction to those questions, is no. I don't accept our fans are so fickle. Rightly or wrongly I believe that all of us, our Firebird Faithful, will surround our team and stand together with our girls through this adversity. I know this tribe. Netball was built by overcoming adversity. There is immense strength and there is resilience. Do we want and expect our team to win? Damn right we do. And they have long rewarded our loyalty with incredible contests, nail-biting title wins and a spectacular brand of netball.

This is a special group of young athletes, very nearly the youngest in the league. And they will be hurting. Any of our netball teams, from community to elite, would be hurting in this position and losing four players to injury. Now is the time they need us all, their purple family, the Firebirds Faithful, to wrap our arms around them and help them through. To ourselves demonstrate all the qualities we want to see in our kids, in our families and in our community. Relentless hope, resilience, loyalty and compassion so they feel supported. Every one of us will go through hard times

and make mistakes. We cannot be perfect all the time. It is precisely in these moments we need to support each other, even our role models, our champions, need support.

We are ravaged by injuries and we stand heading into this round winless. Now, more than ever, your team needs you to stand united as their purple family. Your support has always, and will always, mean the world to our players. Let's ignite the arena this weekend and remind our birdies that we believe in them and will be by their sides through thick and thin. We are family and together we will fly higher.

Yours in purple,



Catherine

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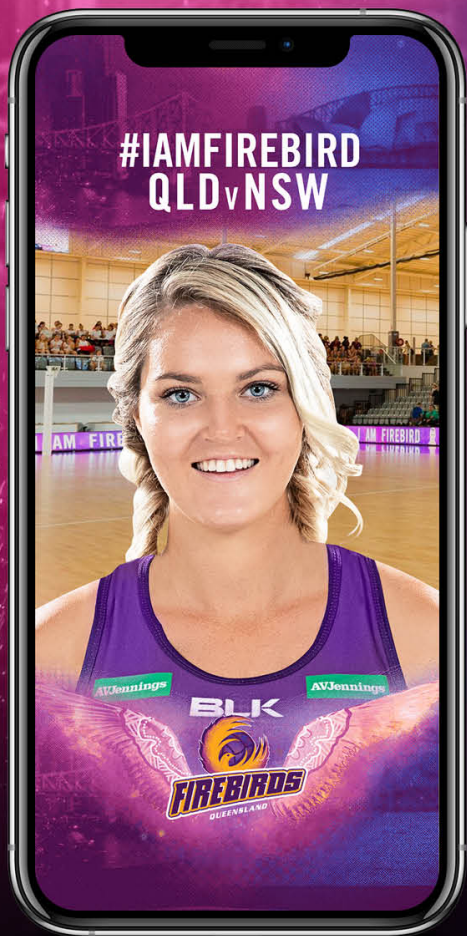
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Kerem Turgut	Alanah Jenkins	Mark Andreassen	
Zahli Thiedeke	Sophie Jenkins	Jacki Power	
Halle George	Brooke Heilig	Marnie Staal	Karen Rodgers
Elizabeth Mansfield	Iris Freeman	Melissa Albion	Cathy Sampson
Uma Williamson	Breanna Tyler	Kim Magann	Janet Tippett
Bethany Petie	Emilee Hollis	Scott Exton	Kay McLachlan
Ava Young	Megan Hollis	Kathy Mckenzie	Wayne Black
Ali Fing	Rachel Walker	Nigel Hulm	Sharyn Sloper
Taylor Budd	Belinda Schiller	Janelle Schlitter	Ken Fraser
Charlotte Cran	Elyse Brown	Natasha Camphorst	Jacqui Schiller
Mia Scott	Kylie McNeill	Markus Kainz	Karyn Bradford
Emee Standing	Mallory Wilkins	Tanita Burton	Joanne Jones
Alexandra Dillon	Katrina Bryant	Robert Morgan	Cliff Mallett
Eilidh Evans	Elisabeth Hales	Kerry Cook	Gleny Manttan
Guinevere Sandall	Noni Cronin	Sandi Wild	Jennifer Marsden
Laura Murphy	Natasha Meiklejohn	Tina Holmes	Carolyn Rigby
Laura Ford	Jayde McEwen	Troy Killalea	Margaret Plauschin
Annaleise Beahan	Matthew Robertson	Helen Davison	Roy Auton
Jordan Mulry	Kel Mulry	Maureen Montgomery	Geoff Benn
Isabelle Nelson	Stacey Connell	Paula Sale	Lyndall Mitchell
Sophie Wormwell	Joel Fleming	Christopher Carley	Ian Davies
Matilda Watterson	Sally Ryall	Susan Wallace	Evonne Walker
Brianna Dodds	Nicole Gregory	Kathryn Seymour	Helen McConnel
Phoebe Ziebarth	Melissa Parker	Donna Spillane	

Thank You

THANKS TO FIREBIRDS OFFICIAL ASSOCIATION MEMBERS



Don't see your Netball Queensland Association listed here?

To become an association member have your committee contact firebirdmembership@netballq.org.au

Membership is FREE, plus you will receive 10% off Lorna Jane Queensland Firebirds match day tickets!

Thank You

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